



## ROFEL SHRI G.M. BILAKHIA COLLEGE OF PHARMACY, VAPI

NAAC Accredited B++ Grade Institution & Approved by Pharmacy Council of India

A Constituent College of Rajju Shroff ROFEL University, Vapi

ROFEL Namdha Campus, Vapi – Namdha Road, P.B. No.11, Vapi (West) – 396 191, Dist: Valsad (Gujarat)

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Ref. No. ROFEL/Pharm/

Date:

### REPORT ON CPR TRAINING AND AWARENESS

**Speaker:** Dr. Sandip Desai, M D Anesthesiologist-COLS Instructor, Valsad

**Theme:** CPR Training & Awareness

**Date:** 23<sup>TH</sup> FEB 2024

**Venue:** Lecture- Rotary Balar Auditorium, 2<sup>nd</sup> Floor Namdha Campus

**Event Coordinator:** Mrs. Shreya Naik, Assistant Professor (NSS Coordinator)

### SUMMARY REPORT:

ROFEL Shri G M Bilakhia college of Pharmacy hosted a significant event, the “Cardiopulmonary Resuscitation (CPR) Awareness Programme,” in collaboration with the NSS Cell of college. The program, conducted offline, aimed to train individuals in life-saving CPR techniques, focusing on chest compressions and rescue breaths, with the primary objective of providing immediate assistance to those experiencing cardiac arrest until professional help arrives. The event witnessed the participation of 130 students and 15 faculty members. The program, aligned with the NBEMS initiative, addressed the rising cases of heart attacks nationwide. With a 12.5% increase in deaths due to cardiac arrests from 2021 to 2022, the CPR training sought to create a more informed and prepared society capable of responding to medical emergencies effectively.

The highlights of the program included early intervention strategies, imparting Basic Life Support (BLS) skills, AED training, team coordination in resuscitation efforts, awareness of the Chain of Survival, and legal and ethical considerations in providing CPR. The initiative aimed to adapt CPR training to various settings, ensuring participants could apply their skills in diverse situations. Dr. Sandip Desai delivered a keynote address emphasizing the importance of Cardiopulmonary Resuscitation in patient care. His words resonated with the audience, highlighting the benefits of attending the training program. These benefits included acquiring lifesaving skills, immediate response capabilities, confidence in emergency situations, community resilience, team coordination, understanding AED usage, child and infant CPR skills, legal and ethical awareness, and certification. The CPR Awareness Programme proved to be a pivotal initiative in aligning with national efforts to combat the increasing instances of cardiac arrests. By equipping participants with essential CPR skills, the program aimed to contribute to a more resilient and responsive community in medical emergencies.

**Prepared by:**

**Mrs. Naik Shreya**



**RAJJU SHROFF ROFEL  
UNIVERSITY, VAPI**

A STEP AHEAD TOWARDS A SUCCESSFUL CAREER

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